

OUT-OF-CAMP TRIP EQUIPMENT LIST

Tel Yehudah's out-of-camp trip experiences require some special clothing, equipment, and gear that are not necessarily on the general packing list for the summer. While many of the items may appear in some form or another on the general camp packing list, there may be some particular specifications for items that are unique to the needs of a certain trip. For example, water bottles are a mandatory item for all teens at Tel Yehudah. But, certain trips may require a specific type of container, size or capacity for water bottles. **Please review the below list of items that are required for specific trips.**

We also encourage teens to bring a smaller, carry-on style bag to camp, so that trip items can be packed in a bag appropriate for the shorter timeframe. Of course, if anyone has questions about trip packing lists, please call our office at 800-970-CAMP (2267) or email telyehudah@youngjudaea.org.

Hadracha Day on the Hill

Our Day on the Hill (DOTH) program is one of the highlights of our Hadracha experience, but is quite different than daily life at camp in Barryville. On Day on the Hill, teens will spend three days in Washington, DC walking around and visiting many national and historic sites and monuments. Teens will also have the unique opportunity to attend in-person meetings with national leaders of the U.S. to advocate for issues, as well as learn from leading non-profit organizations and activists.

The unique nature of these engagements requires some special care with regard to packing for the summer. See below for a short list of items to be sure you are properly prepared for DOTH:

- Photo Identification** (will be required to enter certain government facilities)
- 2 sets of **business casual outfits**
 - o Top: button-down shirt with collar, blouse, nicer top
 - o Bottom: khakis, appropriate length skirt (no jeans)
 - o Footwear: nicer shoes (no sneakers or flip flops)
- Comfortable **footwear** for extended walking around (no sneakers)
- 1 Water bottle** (1 liter)
- Raincoat or poncho
- Daypack

Alumim & Kfir Trips

- Sleeping bag** (if possible, smaller with a stuff sack)
- Bathing suit** (females are encouraged to wear a one-piece, full-coverage suit)
- Closed-toed **water shoes with backs** (Texas or Chacos are ideal)
- 1 Water bottle** (1 liter)
- Head covering (hat, bandana, etc.)
- Daypack



Yachad & Bonim Intensive Trips

BACKPACKING IN HARRIMAN PARK (MASA – WILDERNESS & TREKKING INTENSIVE)

- ❑ **Hiking boots** (must have ankle support and firm soles – helpful if waterproofed and broken in before camp)
- ❑ **Internal frame backpack** (should be 4000 cubic inches and have well-padded hip belt)
- ❑ **Sleeping bag in stuff sack** (4 lbs. or less, synthetic or down – appropriate for backpacking and small enough to fit in pack)
- ❑ **Sleeping pad** (closed cell foam or inflatable)**
- ❑ **3 liters** of water carrying capacity
- ❑ **Waterproof rain gear** (jacket and pants)
- ❑ **Flashlight** or head lamp
- ❑ **Head covering** (hat or bandana – must provide full coverage for head/scalp; i.e. no visors)
- ❑ **Lightweight clothing** (Polypropylene, Polyester, other synthetics and wool are the best)

***Camp can provide a sleeping pad if the participant does not bring one.*

BIKING THROUGH UPSTATE NY (ETGAR – HEALTH & CHALLENGE INTENSIVE)

- ❑ **Closed-toed shoes** with backs (ideally sneakers)
- ❑ **Sleeping bag** (if possible, smaller with a stuff sack)
- ❑ **Waterproof rain jacket**
- ❑ **2-liters** of water carrying capacity (must be either Camelbak-style water bladders OR **bike-specific** water bottles – standard water bottles will not suffice)
- ❑ **Bike-Specific shorts** with seat padding are highly encouraged, but not required
- ❑ **Lightweight clothing** (Polypropylene, Polyester, other synthetics and wool are the best)

KAYAKING ON DELAWARE RIVER (KAYAMUT – SUSTAINABILITY INTENSIVE)

- ❑ **Bathing suit** (females must wear a one-piece, full-coverage suit)
- ❑ Closed-toed **water shoes with backs** (Teva or Chacos are ideal)
- ❑ **Sleeping bag** (preferably with stuff sack)
- ❑ **Waterproof rain jacket**
- ❑ **2-liters** of water carrying capacity
- ❑ **Lightweight clothing** (quick dry or mesh are preferred)

PHOTOGRAPHY EXPEDITION IN NYC (TZILUM – PHOTOGRAPHY INTENSIVE)

- ❑ **Digital Camera****
- ❑ **Sleeping bag**
- ❑ **Closed-toed shoes** with backs (ideally sneakers) that are comfortable for extended walking around
- ❑ **1 Water bottle** (1 liter)
- ❑ **Head covering** (hat, bandana, etc.)
- ❑ **Daypack**

***Camera must be equipped with a method to transfer images (ex. connector cables, removeable SD card, wireless capability to send images)*

VOLUNTEERING IN NYC (TZEDEK – SOCIAL JUSTICE INTENSIVE)

- ❑ **Sleeping bag**
- ❑ **Closed-toed shoes** with backs (ideally sneakers) that are comfortable for extended walking around
- ❑ **1 Water bottle** (1 liter)
- ❑ **Head covering** (hat, bandana, etc.)
- ❑ **Daypack**

